

Dear Students,

Festive season brings with it a spirit of celebration, joy and togetherness...

Wishing you and your family

A Happy and Safe festive season...

Due to the current pandemic situation let us remember and maintain the following safety measures.

- Inhale steam .
- Gurgle with turmeric and salt everyday.
- Take Vitamin D from the morning Sun.
- Take Vitamin C through Amla, Lemon and Citrus fruits.
- Intake zinc in your diet like walnuts.
- Wash your hands frequently .
- Maintain social distance.
- Avoid going in crowded places.
- Put proper masks.
- Put sanitizer.

"Health is the greatest gift and contentment is the greatest wealth of life...

Stay safe stay informed..

Principal
Carmel School Digwadih.